

| Schema zaaltrainingen GMHC seizoen 2018-2019 |                        |             |               |                   |              |               |               |            |             |             |             |            |     |
|--|------------------------|-------------|---------------|-------------------|--------------|---------------|---------------|------------|-------------|-------------|-------------|------------|-----|
| zaal   | dag                    | hal         | tijdstip      | wk 48 (26/11)     | wk 49 (3/12) | wk 50 (10/12) | wk 51 (17/12) | wk 2 (7/1) | wk 3 (14/1) | wk 4 (21/1) | wk 5 (28/1) | wk 6 (4/2) |     |
| <b>Mammoet (Gouda)</b>                       | maandag                | hal 2 heel  | 16.00 - 17.00 | JD2               | MD2          | MD3           | MD4           | MD3        | MD5         | MD5         | MD3         | MD3        |     |
|  |                        | hal 2 heel  | 17.00 - 18.00 | MB2               | JD2          | MA2           | MB3           | MC3        | MB3         | MA2         | MB5         | MD2        |     |
|  | dinsdag                | hal 1 heel  | 17.00 - 18.00 | MC4               | JC1          | JC1           | MC4           | JC1        | MC4         | MD2         | JC1         | MC6        |     |
|  |                        | hal 2 heel  | 17.00 - 18.00 | JD1               | JD1          | JD1           | JD1           | MA3        | JD1         | MA3         | JD1         | MA3        |     |
|  | woensdag               | hal 1 (2/3) | 16.00 - 17.00 | MD3               | <b>MC5</b>   | <b>MD5</b>    | JD2           | <b>MD4</b> | MC3         | <b>MC6</b>  | JC2         | MC4        |     |
|  |                        | hal 1 heel  | 17.00 - 18.00 | MD1               | MD1          | MB4           | MD1           | JD2        | MD1         | JD2         | MD1         | JD2        |     |
|  |                        | hal 2 heel  | 17.00 - 18.00 | MB1               | MB1          | MB1           | MB4           | MB1        | MB1         | MB4         | MB4         | MB4        |     |
|  | donderdag              | hal 2 heel  | 22.00 - 23.00 | D2                | H1           | D1            | JA1           | D1         | H1          | D1          | H1          | D2         |     |
|  | vrijdag                | hal 1 heel  | 17.00 - 18.00 | MC3               | JC2          | JC2           | MB2           | JC2        | JC2         | MC3         | MC1         | MC3        |     |
|  |                        | hal 1 heel  | 18.00 - 19.00 | Selectie MC1/MC11 | MC1          | MB5           | MB5           | MC1        | MC1         | MC1         | MA1         | MB5        |     |
|  |                        | hal 2 heel  | 17.00 - 18.00 | MC6               | MC2          | MC6           | MC2           | MC2        | MC2         | MC2         | MB2         | MC5        |     |
|  |                        | hal 2 heel  | 18.00 - 19.00 | MA1               | MB2          | MA1           | JB2           | MA1        | JB2         | JB2         | JB1         | MB2        |     |
| <b>Zebra (Gouda)</b>                         | woensdag               | hal 1 heel  | 22.00 - 23.00 | Selectie JA1/JA11 | Heren Jong   | DamesVet      | Heren Jong    | Heren Jong | Heren Jong  | Heren Jong  | Heren Jong  |            |     |
| <b>Dreef (Waddinxveen)</b>                   | maandag                | hal 1 heel  | 17.00 - 18.00 | MC5               | MB3          | MC2           | MC3           | MC6        | MC5         | MB3         | MB3         | MC5        |     |
|  |                        | hal 1 heel  | 18.00 - 19.00 | MA3               | MA4          | MA3           | MA4           | MA4        | MA4         | MA4         | MA3         | MA2        |     |
|  | dinsdag                | hal 1 heel  | 22.00 - 23.00 | D1                | D2           | D2            | DamesVet      | D2         | DamesVet    | D2          | D2          | DamesVet   |     |
|  | donderdag              | hal 1 heel  | 22.00 - 23.00 | selectie H1/H11   | D1           | H1            | D1            | H1         | D1          | H1          | MA4         | H1         |     |
| <b>Zuidplas (Moordrecht)</b>                 | woensdag               | hal 1 heel  | 16.30 - 17.30 |                   | MD5          | MD4           | MC5           | MD1        | MC6         | MD4         | MB1         | MD4        |     |
|  | vrijdag                | hal 1 heel  | 16.00 - 17.00 | MD2               | MD4          | MD2           | MD5           | MD2        | MD3         | MC4         | MD5         | MB3        |     |
|  |                        | hal 1 heel  | 17.00 - 18.00 | MB4               | JB2          | MC1           | JC1           | MC4        | MB2         | JC1         | JB2         | JC2        |     |
|  |                        | hal 1 heel  | 20.00 - 21.00 | MB5               | MA2          | JB1           | MA2           | MB5        | JB1         | JB1         | MA2         | JB1        |     |
|  |                        | hal 1 heel  | 21.00 - 22.00 | JB1               | JA1          | JA1           | MA1           | JA1        | MA1         | JA1         | JA1         | JB2        |     |
| <b>Brittenburg (Gouda)</b>                   | maandag                | hal 1 heel  | 16.00 - 17.00 | JE2               | JE3          | JE3           | J8E1          | J8E1       | JE2         | JE2         | JE3         | JE3        |     |
|  |                        | hal 1 heel  | 17.00 - 18.00 | J8E1              | J8E1         | JE2           | JE2           | JE3        | JE3         | J8E1        | J8E1        | JE2        |     |
|  |                        | hal 1 heel  | 18.00 - 19.00 | M8E1              | ME5          | M8E1          | M8E1          | M8E1       | M8E1        | ME5         | M8E1        | ME5        |     |
|  | woensdag               | hal 1 heel  | 16.00 - 17.00 | ME6               | ME6          | ME6           | ME5           | ME5        | ME5         | ME5         | ME6         | ME6        | ME6 |
|  |                        | hal 1 heel  | 17.00 - 18.00 | M8E3              | M8E2         | M8E3          | M8E2          | M8E4       | M8E4        | M8E2        | M8E3        | M8E4       |     |
|  | donderdag              | hal 1 heel  | 16.00 - 17.00 | ME8               | ME9          | ME9           | ME7           | ME7        | ME8         | ME8         | ME9         | ME9        | ME9 |
|  |                        | hal 1 heel  | 17.00 - 18.00 | ME7               | ME7          | ME8           | ME8           | ME9        | ME9         | ME7         | ME7         | ME8        | ME8 |
|  |                        | hal 1 heel  | 18.00 - 19.00 | M8E4              | M8E4         | M8E2          | M8E4          | M8E2       | M8E3        | M8E3        | M8E2        | M8E3       |     |
|  | <b>Aakwerf (Gouda)</b> | maandag     | hal 1 heel    | 21.00 - 22.00     | Keepers      |               | Keepers       |            | Keepers     |             | Keepers     |            |     |

jeugd = 6x

senioren = 7x

DamesVet = 4x

MC1/MC11 (1x sel)

JA1/JA11 (1x sel)

H1/H11 (1x selectie)

JJ allemaal 6x